

LODZKIE REGION & LODZ

www <https://uml.lodz.pl/>

www <https://www.lodzkie.pl/>

See YT https://www.youtube.com/watch?v=66cze_SC0PM

Łódź, Poland TOP2 Lonely Planet Best Value Destination 2019

1. The most attractive event in the city & city festival LIGHT MOVE FESTIVAL



Source: <https://www.tulodz.pl/wiadomosci,znamy-termin-light-move-festival-2018-co-nowego-w-tym-roku-wideo,wia5-3267-6241.html>

The initiative to create a Light Move Festival. was created according to the idea of Norbert Wasserfuth-Grzybowski and Beata Konieczniak 2009/2010. The originators wanted to use the potential of 19th-century and industrial architecture. In 2011 the festival was held for the first time. Festival from the very beginning deals with the organization of the event and cooperation with cultural institutions and universities.

www <http://www.lmf.com.pl/#/>

YT https://www.youtube.com/watch?v=KSpt_oY1xwU

#light #move

2. The most popular event in the country WOŚP



Source: <https://qbk.pl/blog/26-final-wielkiej-orkiestry-swiatecznej-pomocy/>

The Great Orchestra of Christmas Charity (GOCC, Polish *Wielka Orkiestra Świątecznej Pomocy*, WOŚP) is the biggest, non-governmental, non-profit, charity organization in Poland. The GOCC Foundation holds American Heart Association certification to provide courses in CPR and AED, and for the use of high technology for medical lifesaving. The GOCC aims to support health care in Poland by purchase of state of the art medical equipment for Polish hospitals and clinics and by establishing and running six medical programmes and one educational programme. The foundation supports paediatric and geriatric wards, furnishing them in both complex medical devices such as MRI scanners, and providing long-term care units with anti-bedsore mattresses and beds. Since April 2016 the GOCC ranks on the top of the list as the most trusted public entity according to Brand Asset Valuator and is the second strongest brand in Poland in the ranking compiled by Millward Brown and Young & Rubicam agency. The GOCC foundation organizes the biggest open-air free entry music festival in Europe - Pol'and'Rock Festival. The GOCC foundation offers first aid & team-building courses, which are open to all adult members of public. The volunteers who have completed the training become the members of Peace Patrol, whose duties involve stewarding at the festival field, assisting and informing festival goers.

www <https://www.wosp.org.pl/>

YT <https://www.youtube.com/watch?v=CPIKRZOSOK8>

#freedom #move #music

3. The most known tourism object/place in your city MANUFATURA



Source: https://en.wikipedia.org/wiki/Manufaktura#/media/File:Centrum_Handlowe_Manufaktura_w_%C5%81odzi_05.JPG

The **Manufaktura** is an arts centre, shopping mall, and leisure complex in Łódź, Poland. A major tourist asset of the city, it includes the largest public square in Łódź, which acts as a venue for cultural and sports events. The Manufaktura opened on 17 May 2006, after 5 years of planning and the subsequent 4 years of construction. The total area of the complex is 27 hectares (67 acres). The work involved the renovation of an old textile factory building. The Manufaktura is located in the central part of the city, in the former industrial complex founded by Izrael Poznański, which is known also as the filming location of the novel by Władysław Reymont titled 'The Promised Land' about the industrialization of the city of Łódź. The Manufaktura hosts over 300 stores, malls, restaurants, pastry shops, cafes, pubs and other services. The service sector extends over 12,000 m². The entire complex has a surface of 270,000 m², making it Poland's second largest only to the Old Market Square in Kraków. Its large square features Europe's longest fountain at 300 meters. Clients can go along the complex with two trambuses

www <https://www.manufaktura.com/>

YT https://www.youtube.com/watch?v=o0-_Cr9Ji2o

#mall #entertainment #culture

4. The best preserved local traditions : CHRISTMAS EVE



Source: <https://myhongkonghusband.com/2013/12/13/%E6%B3%A2%E8%98%AD%E7%9A%84%E8%81%96%E8%AA%95%E7%AF%80-polish-christmas/>

In Poland celebration starts at the evening of 24th December. A traditional meatless 12-dishes Christmas Eve Supper is served before opening gifts. This is known as the “Holy Meal”. The table is spread with a white cloth symbolic of the swaddling clothes the Child Jesus was wrapped in, and a large white candle stands in the center of the table symbolizing Christ the Light of the World. Next to it is a round loaf of bread symbolizing Christ Bread of Life. The twelve dishes (which differ by nationality or region) symbolize the Twelve Apostles. Meat is forbidden until midnight, but eating fish is a tradition. Every year before Christmas everyone is lining to get their own **carp**.

#family, #tradition

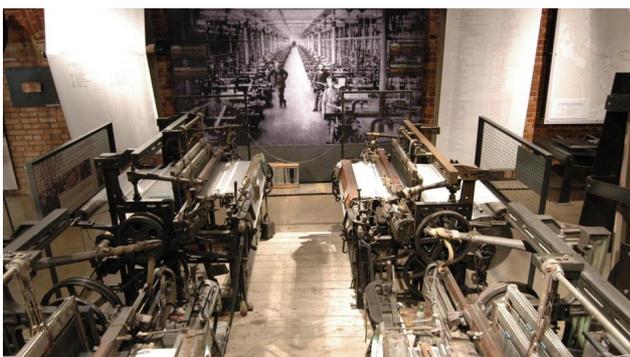
5. People, things, places, institutions, traditions etc. you are proud of:
MUSEUM OF CINEMA & FILM SCHOOL



Source: http://www.dioblina.eu/Muzeum_Kinematografii_w_Lodzi

[www http://kinomuzeum.pl/?page_id=1871&lang=en](http://kinomuzeum.pl/?page_id=1871&lang=en)
[www https://www.filmschool.lodz.pl/](https://www.filmschool.lodz.pl/)

MANUFATURA: FACTORY MUSEUM, MUSEUM OF CONTEMPORARY ART



Source: <https://lodz.travel/turystyka/co-zobaczyc/manufatura/muzeum-fabryki/>

[www https://muzeumfabryki.com.pl/](https://muzeumfabryki.com.pl/)



Source: <http://2013.lodzdesign.com/en/menu-hidden/sala-neoplastyczna-otwarta-kompozycja-neoplastic-room-an-open-composition/?pid=1025>

[www https://msl.org.pl/](https://msl.org.pl/)

REGION (SIERADZ): OPEN HAIR FESTIVAL
REGION (SKIERNIEWICE): FESTIVAL OF FLOWERS & FRUITS



Source: <https://kobietamag.pl/sieradz-open-hair-festival-2013-3-dni-fryzjerskiej-magii-pokazow-koncertow-warsztatow-za-nami-duzo-zdjec/>

www <https://www.facebook.com/pages/category/Community/Sieradz-Open-Hair-Festival-99161053061/>



Source: <https://www.radiolodz.pl/posts/18235-owoce-warzywa-kwiaty-skierniewice-zapraszaja-na-swieto>

www <http://swietokwiatow.pl/>